

Virginia Cooperative Extension

Knowledge for the Common Wealth





The Green Thumb

Vol. 2, Issue 12 January 1, 2002

A Newsletter of Extension Horticultural Activities and Events For York County Extension Volunteers

Calendar Of Events

Jan 8	Master Gardener Programming Committee meeting (9:30—11:30 AM), St. Luke's
Jan 9	Office Resource Training, 9:00 AM—12 noon, Extension Office, call to register
Jan 10	2002 Horticultural Extravaganza Organizational Meeting, 9:30—11:30 AM, St. Luke's—see article inside
Jan 12	Advanced Pruning Training, 9 AM—3 PM, CNU—Science Bldg, Rm 111
Jan 14	Home Gardener Planning Committee meeting, 9:30-11:30, St. Luke's
Jan 15	Practice Pruning Training (Pruning Team Members ONLY)
Jan 17	Practice Pruning Training (Pruning Team Members ONLY)
Jan 18-20	Virginia Flower and Garden Show, www.virginiagardens.org
Jan 21-24	Professional Horticulture Conference of VA meeting, Virginia Beach, www.phcv.org
Jan 26	Homeowners Fruit Pruning Day, 10 AM—12 noon, 400 Glebe Springs Road
Jan 30	Practice Pruning Training (Pruning Team Members ONLY)
Feb 1-2	VA Biological Farming Conference & Trade Show, Front Royal, http://www.vabf.f2s.com
Feb 2	Pruning Clinic, 10 AM12 noon, True Value Hardware, Rt. 17
Feb 6	Office Resource Training, 9:00 AM—12 noon, Extension Office, call to register

Thursdays Work/Learn Day in the Learning Garden 9:30-11:30 AM

For additions/corrections to the Calendar of Events contact Jody at 890-4940 or Teresa Bennett at 875-0026 e-mail: bennettteresah@aol.com. The Deadline for the Green Thumb is ALWAYS the 15th of the month, no exception.

E Mail Changes: If you have changes to any of the methods of communication to you please notify Jody. Jody will pass the word. We want to keep in contact with you. These changes will be posted to the weekly e mails and will be in the Green Thumb.

Master Gardener Mission Statement: Our mission, as trained volunteers in partnership with the York County, Virginia Cooperative Extension Agent, is to provide horticultural educational opportunities to the public through research-based horticultural programs and activities to enhance our environment, lives and community.

Notes from Jim

At this time of the year I tell Jody to put on your sneakers cause we will be running hard from January through June. The program is in full bore at this time and we have a lot of general public contact through our various programs and all that you do. Follow the calendar closely to know what is being offered, and what committees that you want to get on. The flow chart will help you to see the broad programs that are being offered and there is something in which you might want to participate. The program for the spring will move quickly with all of the training that will be done, the pruning clinics, the Horticultural Extravaganza, Gardening 2002, The Home Gardener Program and many other programs. I look forward to your participation in the program. If you have any questions there are many folks that can answer your questions. Call to get them answered. Planning your spring garden? Come to the monthly planning meeting. Terry is adding a new piece to the format. At the end of the meeting, we are asking questions and exchanging answers. This should be a good exchange that will demonstrate that gardeners have many ways of doing tasks.

The Home Gardener Program has evolved into a sophisticated educational program. Lyn Chaffin began the program idea from a need expressed by many individuals that could not take or make the intense contribution to the Master Gardener program. A committee was formed involving Master Gardeners from every peninsula unit office. The committee met, taking care of all the aspects of this program. The overall goal was to expose the participants to the many aspects of gardening on the Peninsula. The comprehensiveness of the program is not the same as The Peninsula Master Gardener Program. The first class is Saturday, February 16 from 9 am until 12 noon. It is at St. Joan of Arc church off Route 17. Please encourage neighbors and friends to submit their application to the program. Information about the program is on the web at http://www.co.york.va.us/vce/upcomingevents/hort/homegardenerprogram.htm or call Jody at 890-4940 to be mailed an application. Deadline to receive applications is January 15. We are encouraging Master Gardener to be moderators. Contact Nial Quinlan nialq@aol.com or 898-1986 if you are interested in moderating.

I look forward to a fabulous year. Lots to plan with lots of involvement are ingredients to a great educational program. I hope that this will be a great one for you.

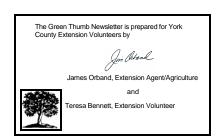
Jim

New e-mail addresses:

Margaret Cotton: mncotton@home.com
Linda Briggs: linda_briggs@altavista.com
Marilyn Moren: mmoren@widomaker.com

Lanna Rackley: Irrr@erols.com
Margie Tully: mtully@ctb.com

Has your E-mail Address Changed? When you change your e-mail address, please remember to notify Jody Painter (popinte@vt.edu) and Evelyn Parker(parkerew@aol.com). We are trying to get gardening information to all YCMGs in a timely manner; your help with this will be appreciated.



Terry's Notes

Welcome to 2002 and the 20th anniversary of Master Gardeners on the Peninsula!! Hope to see you at the Professional Horticulture Conference of Virginia in Virginia Beach on Jan 21-24. The lineup of classes looks great! Please mark your calendars for the **second Tuesday**, **Jan 8th at 9:30**, at St Luke's for our monthly programming meeting. You'll hear current updates on all of the Master Gardening opportunities available to you. At the end of the meeting we're going to have a question and answer period, where you can ask about your own plants. I would like to encourage everyone, especially the "seasoned Master Gardeners," to seek out a new Master Gardener and sit next to them to help them feel welcome. I'm looking forward to a great year (I feel like I need to start planning my spring garden since it's 75 degrees outside as I write this!!). Please feel free to contact me if you ever have any questions or suggestions. Terry Hanson, Hanson5@aol.com or 872-9639

Janet's Notes

A great big thanks to all those who made Tuesday, December 11th Holiday Celebration a hit! I love the decorated pot with all the plants and signatures that Terry Hanson, Carol Mutton, and Gina Neidenberger worked on for my parting gift. It has a nice place in our family room. Thanks to all, it was truly a group project!

The program with Dr. Bonnie Appleton was a success. Many thanks to Diane Short for working on all the details to have Bonnie come to speak to us. There were many York County Master Gardeners there, as well as guests from surrounding units. We were able to raise \$300 for the Food Closet from the proceeds of Dr. Appleton's book. Many thanks to all who bought a book.

As I said last month, I really have had a wonderful time being the unit coordinator for York County's Master Gardeners. Thank-you to all of you, it was <u>you</u> who made this year go so well.

Janet Ledebuhr, charlieandjanet@earthlink.net

Attention Master Gardeners:

There will be an organizational meeting to begin planning the **2002 Horticultural Extravaganza** on January 10, 2001 (9:30-11:30) at St. Luke's. If you are interested in participating please come. If you have helped in the past and would like to help again--please come.

Ricki Noble (RNoble7173@Aol.com) and Martha Wilkins (J1467W@Aol.com)
Co-Chairs

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Resources from Virginia Cooperative Extension Articles on gardening and staying healthy:

Gardening Really Is Good Exercise http://www.ext.vt.edu/departments/envirohort/articles/misc/exercise.html

http://www.ext.vt.edu/departments/envirohort/articles/misc/allergy.html Avoiding Allergy Problems in the Landscape

Obsolescence http://www.ext.vt.edu/departments/envirohort/articles2/obsolete.html

The Unlimited Garden http://www.ext.vt.edu/departments/envirohort/articles2/unlimit.html

http://www.ext.vt.edu/departments/envirohort/articles/misc/mtmte.html There Is More Than Meets the Eye

Use the Garden for Quality Family Time http://www.ext.vt.edu/departments/envirohort/articles/misc/fmlytime.html

Weeds and Words http://www.ext.vt.edu/departments/envirohort/articles2/weedword.html

Garden Supplies for Your Health http://www.ext.vt.edu/news/releases/030199/supplies.html

Gardening Styles To Stay Healthy http://www.ext.vt.edu/news/releases/030199/styles.html 03/01/99

http://www.ext.vt.edu/news/releases/120398/gardngft.html The Gift of Gardening

New publications available on Gardening and Your Health

Gardening & Your Health, Carpal Tunnel Syndrome

http://www.ext.vt.edu/pubs/envirohort/426-060/426-060.html 06/22/01 Publication Number 426-060, June 2001

Gardening and Your Health: Arthritis

Publication Number 426-062, Posted June 2001 http://www.ext.vt.edu/pubs/envirohort/426-062/426-062.html

Gardening and Your Health: Summer Heat

Publication Number 426-064, Posted June 2001 http://www.ext.vt.edu/pubs/envirohort/426-064/426-064.html

Gardening and Your Health: Protecting Your Hands and Feet

Publication Number 426-061 http://www.ext.vt.edu/pubs/envirohort/426-061/426-061.html

Gardening and Your Health: Sunburn & Skin Cancer

Publication Number 426-063, Posted June .2001. http://www.ext.vt.edu/pubs/envirohort/426-063/426-063.html 07/13/01

Publications available on topics of popular interest gardening in the large-print version

Herbs - Publication Number 426-501

Sprouting Seeds - Publication Number 426-502

Tomatoes - Publication Number 426-503

Minimum Chemical Gardening - Publication Number 426-504

Home Hydroponics - Publication Number 426-505

Leafy Green Vegetables - Publication Number 426-506

Container Gardening - Publication Number 426-507

Intensive Gardening Methods - Publication Number 426-508

Contact your local Virginia Cooperative Extension office to request the larger print versions.

Human Issues In Horticulture http://www.hort.vt.edu/HUMAN/human.html

What is HIH?

Horticultural Therapy

Adaptations to Horticultural Tools http://www.hort.vt.edu/human/adapt.html

Horticultural Therapy Related Books http://www.hort.vt.edu/human/HTbooks.html

Gardening in Raised Beds and Containers for Older Gardeners

and Individuals with Physical Disabilities http://www.hort.vt.edu/human/pub426020d.html

Time to turn over the reins of the Green Thumb to Teresa Bennett:

This is my last issue as editor of the Green Thumb. I would like to thank all of you who contributed articles during the past year. You were very helpful in meeting the monthly deadline and sending completed articles. I told Teresa Bennett, the 2002 editor, that you all made my job much easier by following those two requests. My "real" job keeps me away from Master Gardening activities during the school year. It was great to be able to contribute something to the Master Gardener community.

wish to thank Jody and Jim for proofreading each issue. A big thanks to Jody for making the Green Thumb look so good on the website and for mailing a copy to MGs without internet access.

'Il see many of you at the Learning Garden come May 2002.

Natalie Hutchinson